# Maharashtra University of Health Sciences, Nashik Inspection Committee Report for Academic Year 2023 - 2024 Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.

**Faculty: PHYSIOTHERAPY** 

Name of the College / Institute:- DHANESHWARI COLLEGE OF PHYSIOTHERAPY

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

Sr No	Details of Webinar / Workshop/ CME/ Activities/ Preform
01.	INTERNATIONAL YOGA DAY
02.	PARKINSONS DAY
03.	Participation in sports event 23 <sup>th</sup> March 2023 to 26 <sup>th</sup> March 2023
04.	International womens day 8 <sup>th</sup> March 2023
05.	Student council Committee elections 9 <sup>th</sup> march 2023
06.	Participation in Sports event at conference 24 <sup>th</sup> Feb 2023
07.	Women empowerment awareness camp 14 <sup>th</sup> February 2023 (BAHISHAL SCHEME )
08.	Guest lecture 11 <sup>th</sup> February 2023 DISSASTER MANAGEMENT (BAHISHAL SCHEME )
09.	International physiotherapy day 8 <sup>th</sup> September 2022
10.	Fresher's day 5 <sup>th</sup> august 2022
11.	Guru purnima 13 <sup>th</sup> July 2022
12.	International Yoga Day JUNE 2022
13.	Single Donor Platelet Awareness GUEST LECTURE 23 JUNE 2022
14.	
15.	
16.	

**Dean/ Principal Stamp & Signature** 

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#### **International Yoga day**

#### 21st June 2023

Title: Celebration of International yoga day

Objective: Awareness and celebration of international yoga day for students, staff under the theme 'Yoga for vasudhaiva kutumbakam'

Date: 21st June 2023

Time: 8am to 12 pm

Venue: Dhaneshwari college of physiotherapy campus

Organized by: Dhaneshwari college of physiotherapy, Aurangabad

Organizers: Dr Syed Kashif, Dr. Nilofer Mogal, Dr. Deeba Shaikh, Dr. Deepali Shiande,

Dr. Shivani Varge

**Events:** 

1). Yoga session

2). Indoor competition

In the presence of all the students, teaching and non teaching staff the yoga session was started at 8.30am

Firstly students were gathered around the venue and the yoga session started first with meditation. The session was taken by Dr. Syed Kashif Ali. All the students enthusiastically participated in the session. The session included meditation, asana in supine, prone and sitting and it ended by pranayama.

After the session the students were given some refreshment and they all gathered in physiotherapy yoga hall for further competition

The competition was organized for all the students of 1<sup>st</sup> year to 3 rd year who wanted to actively participate.

The competition was as follows:

Level 1- Performing one yoga asana

Level 2- Speech based on theme

Level 3- Skit based on theme

The Judges were Dr. R. S Gangatharan sir, Dr. Afreen Jahan, Dr. Pranjali Gosavi Groups for competition:

#### Group 1-

- a). Veera Tandale
- b). Nikita Pagade
- c). Kartik Fatangare
- d). Sayali Wagh
- e). Aditi LAtpate

## Group 2-

- a). Bhakti Wagh
- b). Aastha Rathode
- c). Rupesh Paithane
- d). Stavan patole

#### Group 3-

- a). Chaitali Pawar
- b). Sanika Raut
- c). Pranali Borde
- d). Ranjit Shinde

#### Group 4-

- a). Shrushti Mandaogade
- b). Ankita Patil
- c). Chanchal Lade
- d). Shraddha Bawa

#### Group 5-

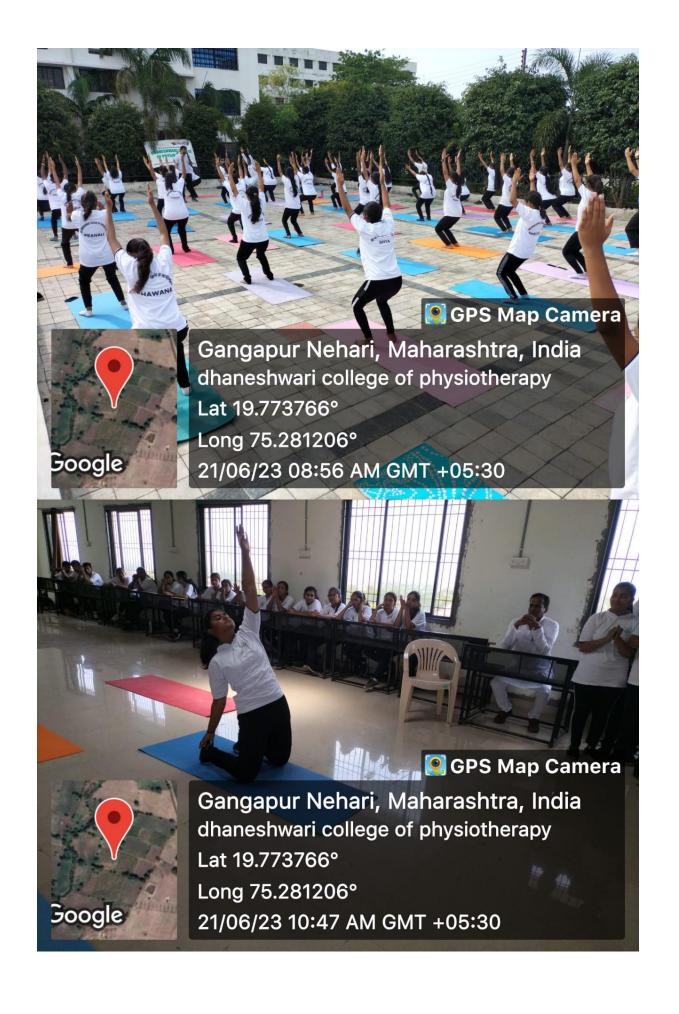
- a). Vanshika Pahade
- b). Bhawna Gaikwad
- c). Vaidehi Goyar
- d). Mrudula Tansale

After the competition, judgement was done based on all the three levels. After which prize distribution was done. The group which secured the first position was group 1.

After the prize distribution a dance performance was done by  $1^{st}$  and  $2^{nd}$  year students on rhythmic yoga.

We ended it by giving vote of thanks.











#### **Parkinsons day**

## 27<sup>th</sup> April 2023

A camp was organised at Shen Sawali Care Centre on 27/04/23 on the occasion of Worlds Parkinson's Day from 10 am to 12 noon.

Students of third year and second year odd batch students (10) under the guidance of two staff(Dr Deeba and Dr Shivani) initiated the camp.

The aim of the camp was to create awareness about Parkinson's disease and it's whereabouts. Post assessment and speech by the students and Dr Shivani ,recreational activities including games and music therapy was conducted by Dr Deeba and students.

The program was concluded with a vote of thanks and best wishes for the patients.

In presence of principal Dr. R.S Gamgatharan, Dr Deeba Shaikh, Dr. Shivani Varge





#### Swachh bharat Abhiyan

## 13<sup>th</sup> April 2023

Title: Implementing swachh bharat abhiyan in college campus

Objective: Awareness and implementation of swachh bharat abhiyan drive in college campus among students and faculty'

Date: 13<sup>th</sup> april 2023

Time: 8am to 12 pm

Venue: Dhaneshwari college of physiotherapy campus

Organized by: Dhaneshwari college of physiotherapy, Aurangabad

Organizers: Dr. Mansi

**Events:** 

Students from 1<sup>st</sup> year and 2<sup>nd</sup> year were included in the awareness program and were asked to gather in the college campus ground.

A pledge was taken with all the students and staff on swachh bharat

After the pledge students were asked to clean the college campus and they were given awareness regarding cleanliness around the campus and the use of different bins and color coding for the same





#### **International Yoga Day**

#### **June2022**

International Yoga Day was celebrated on ground of campus of Dhaneshwari college of physiotherap Y on  $21^{st}$  June 2022.

Few yogasanas and pranayam were performed by the students on the ground. Poster presentation competition was conducted. After that Yoga dance and Skits were performed in the seminar hall on stage. After the program prize distribution was done and students were appreciated for their efforts.

No. of students Present- 55

Chief guest for Poster presentation- Dr. Sofiya

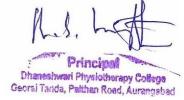
Chief guest for Skit- Mrs. Salvi

Organized by - Dr. syed Kashif Ali

In the presence of Principal Dr. R.S. Gangatharan, Dr. Pratiksha Josh, Dr. Mayuri saraikar and Dr. Manasi Kulkarni







#### **Single Donor Platelet Awareness**

#### **Guest Lecture**

#### 23rd June 2022

Awareness about Single Donor Platelet (SP) was done through the lecture to the students.

Explanation about Blood donation was explained by Dr. Rushikesh and how SDP is different from the regular blood donation and why it is important was explained by Mr. Veeshwjeet.

After awareness lecture blood donation camp was organized with MGM blood bank team.

No. of students present- 67

Guest Speaker- Dr. Rushikesh Pol (Founder, IHO India), Mr. Veeshwajeet Kashid (Global Platelet Donor Ambassador)

Chief guest- Mrs. Salvi

Organized by-Principal Dr. R.S. Gangatharan and all physiotherapy staff- Dr. Pratiksha Joshi, Dr. Syed Kashif, Dr. Mayuri Saraikar and Dr. Manasi Kulkarni



#### Guru purnima

13<sup>th</sup> July 2022

On the occasion of Guru purnima all the students of  $1^{st}$  and  $2^{nd}$  year arranged a small programme in the college itself.

The students invited all the staff. It started first by falicitation of staff then the students gave speech on the importance of guru purnima day and the importance of having a guru or mentor in their life.

It was ended by appreciating the students for their hard work.

Organized by- 1st and 2nd year students

In the presence of Principal Dr. R.S. Gangatharan and all physiotherapy staff- Dr. Pratiksha Joshi, Dr. Syed Kashif, Dr. Mayuri Saraikar and Dr. Manasi Kulkarni



#### International physiotherapy day

## 8<sup>th</sup> September 2022

International physiotherapy day was celebrated at Dhaneshwari college of physiotherapy by all students and faculty

An awareness camp was organised by faculty in physiotherapy OPD itself by conducting free OPD treatment camp for that day.

A ceremony was conducted on ground of Dhaneshwari campus. After introductory programme oath taking ceremony was conducted. Oath taking ceremony was preceded by Mr. Vedprakash Patil sir.

Also a blood donation camp was organised by the college at Dhaneshwari BAMS college and hospital.

In the presence of Principal Dr. R.S. Gangatharan and all physiotherapy staff- Dr. Pratiksha Joshi, Dr. Syed Kashif, Dr. Mayuri Saraikar and Dr. Manasi Kulkarni





#### Fresher's day

## 5<sup>th</sup> august 2022

Freshers day was celebrated to welcome the batch of 1<sup>st</sup> year students. It was celebrated by organising various events for 1<sup>st</sup> year student.

It started by falicitation program. The events were games, dance, ramp walk, singing etc Students participated with great enthusiasm in various events.

For all the events judges were assigned from other departments in campus.

The event took place in the campus auditorium.

Judges: 1). Navnath joshi

2). Stefey maam

At the end of the event prize distribution was done

Mr. Fresher- Prajwal Gawali

Miss. Fresher- Kristina Pawar

In the presence of Principal Dr. R.S. Gangatharan and all physiotherapy staff- Dr. Pratiksha Joshi, Dr. Syed Kashif, Dr. Mayuri Saraikar, Dr. Manasi Kulkarni, Dr snehal khalegaonkar



#### **Guest lecture**

## 11<sup>th</sup> February 2023

A guest lecture was arranged by Dhaneshwari college of physiotherapy under the Bahishal shikshan mandal yojana under MUHS.

The topic of the seminar was disaster management. So we invited Dr. S. Anandh sir to conduct the seminar as he was the appropriate person for this activity

For the seminar we also invited other department from the campus like BAMS college students and nursing college students. Also workers from canteen and helpers from college building were invited.

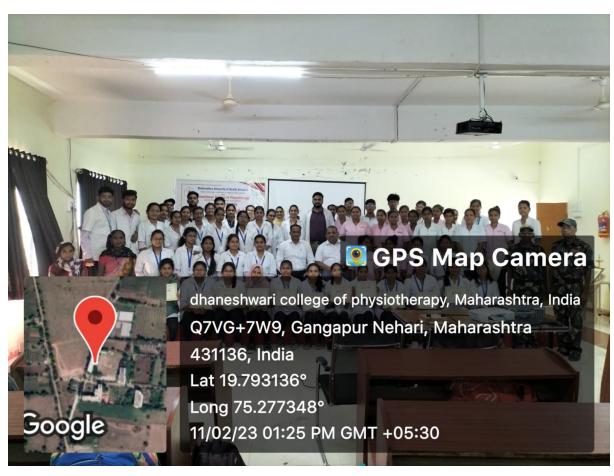
The seminar was started at 10 am by introducing the guest followed by falicitation program. After which sir started with the seminar.

Sir took the seminar from 10 am to 1 pm.

Organized by: Dr. Nilofer Mogal, Dr. Prachi Mhaske

No of participants present: 85

In presence of Principal Dr. R. S Gangatharan, Dr. Syed kashif, Dr. Mayuri Saraikar





#### Women empowerment awareness camp

## 14<sup>th</sup> feb 2023

Women empowerment awareness lecture was arranged under the bahishal shikshan mandal yojana under MUHS.

Patoda village was selected for the lecture under the permission taken by their sarpanch and officials

For the camp various students were taken.

The camp started by introductory lecture followed by falicitation ceremony

Then the lecture was delivered to all the women from the village.

Organised by: Dr Syed kashif and Dr. Mayuri Saraikar

In presence of Principal Dr. R.S. Gangatharan





#### Participation in Sports event at conference

## 24<sup>th</sup> feb 2023

Pravara Phyzion National sports meet 2023 pre Conference was held at Dr. A.P.J Abdul kalam college of physiotherapy, Loni.

The students participated in various sports events as follows:

#### Vollyball

- 1) Chaitanya Kapure
- 2) Siddharth Sathe
- 3) Manish Gawande
- 4) Robin sing valvi
- 5) Prajwal Gawai
- 6) Ajay Khajekar
- 7) Abhay more
- 8) Sohel shaikh
- 9) Aniket

#### Chess

1)Geetanjali sabane

2)Chaitanya Kapure

#### Badminton(singles)

- 1) Prerna Tank
- 2) AdityaSolanke

#### Badminton (doubles)

 VaishnaviDounde &Pooja Pawar





#### International womens day

#### 8<sup>th</sup> march 2023

Womens day was organized by 2<sup>nd</sup> and 3<sup>rd</sup> year batch students to celebrate the importance of women in their life.

It started by introductory speech then falicitation was done by students to all the female staff.

After that various activities were arranged by the students like singing, speech, poems, shayari etc

The students took great interest in all the events. All the students from  $1^{st}$  year to  $2^{nd}$  year took part in the events.

Motivational speech were also delivered by the students.

At the end cake cutting ceremony was done. The students arranged it and it was done by all the female staff and female students.

Organized by - 2nd and 3<sup>rd</sup> year students

In presence of Principal Dr. R.S Gangatharan.

Faculty – Dr. Syed Kashif, Dr. Mayuri Saraikar, Dr. Mansi Kulkarni, Dr. Nilofer Mogal, Dr. Prachi Mhaske





#### **Student council Committee elections**

## 9<sup>th</sup> march 2023

A student council committee was formed based on the council criteria.

By interest of respective students and by staff recruitment one council committee was formed.

Names of the student who wanted to stand for elections were as follows:

General secretary: 1). Manish Gawande

2). Rutuja Bhosle

Cultural secretary: 1). Nisha patil

- 2). Geetanjali
- 3). Siddhart sathe

Sports secretary: 1). Anjali Wanve

2). Vaishnavi Dounde

Voting was done by all the students from 1st year to 3 rd year in presence of staff

The staff themselves counted the votes and the elected members are as follows:

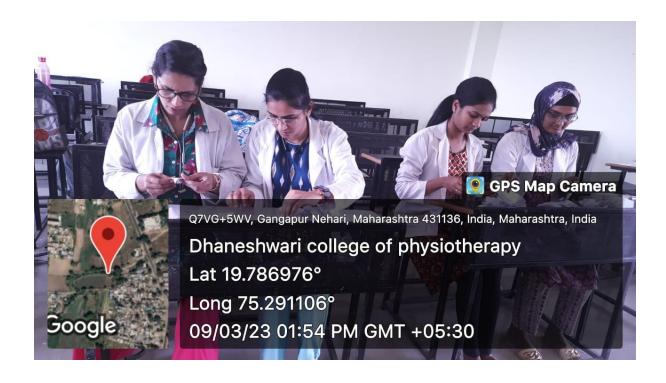
1). General secretary: Manish Gawande

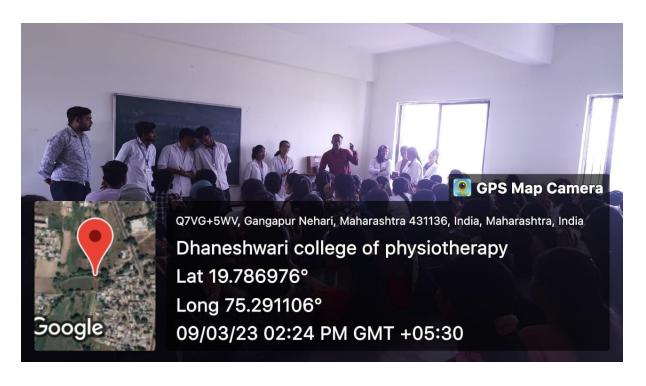
2). Cultural secretary: Siddhart Sathe

3). Sports secretary: Anjali Wanve

Principal: Dr. R.S Gangatharan

Faculty – Dr. Syed Kashif, Dr. Mayuri Saraikar, Dr. Mansi Kulkarni, Dr. Nilofer Mogal, Dr. Prachi Mhaske





## **Participation in sports event**

We received an invitation from Modern college of Physiotherapy, Pune.

The sports meet took place from 23<sup>rd</sup> march to 26<sup>th</sup> of march. The sports meet included various games like badminton, volleyball etc

Our students registered for the sports meet and participated in all the games

The teams are as follows:

I. Boys cricket team	II. Girls cricket team		
Captain name: Siddharth madhukar sathe	Captain name: Veera Tandale		
1. Manish kailas gawande	1. Veera Tandale		
2. Robinsing rameshvalvi	2. Divyani Paithane		
3. Chaitanya dipak kapure	3. Neha Bharti		
4. Siddharth madhukar sathe	4. Vaishnavi Bharti		
5. Ajay daneyail khajekar	5. Sayali Wagh		
6. Yash vinay kulkarni	6. Nikita Pagade		
7. Rupesh rajkumar paithane	7. Deepti Kamble		
8. Sagar arjun tikle	8.Taqiya Begum		
9. Stavan samuel patole	9. Sanika Raut		
10. Gaurav nilesh bhojane	10. Chaitali Pawar		
11. Kartik rajendra fatangare	11. Aastha Rathod		
12. Rahil khan ajaz khan	12. Divya Kolhe		

III. Boys Volleyball team	IV. Badminton singles			
Captain name: Siddhart Sathe	1. Prerna Tank			
1. Manish Gawande	2. Vrunda Bhoye			
2. Robinsing Valvi	3. Vaishnavi Dhounde			
3. Chaitanya Kapure	4. Chaitali Pawar			
4. Siddhart Sathe	V. Badminton doubles			
5. Ajay khajekar	1. Veera Tandale and Anjali Vanve			
6. Prajwal Gawai	2. Aditya Solanke and Bhumik Raut			
7. Syed Sohel	3. Vanshika Pahade and Mrudula Tangsale			
8. Saagar Tikle	4. Kristina Pawar and Rihaab Malik			
9. Gaurav Bhojne	5. Adeeba and Shirley Bhalerao			
VI. Badminton mixed				
1. Veera Tangale and Aditya Solanke				
2. Prajwal Gawai and Divyani Paithane				

The students attended the sports meet and were assisted by Dr.Mayuri Saraikar Many students won matches to get qualified for finals. The list is as follows:

- 1. Girls Cricket Team Won 2nd match and qualified For Semi-finals
- 2. Boys won 1 set in Vollyball against MGM Mumbai
- 3. Prerna Tank Won 1st match in badminton and qualified for Quarter finals
- 4. Chaitali Won 1st Set in Badminton against Modern college
- 5. Neha Won the First Match In Badminton Single)
- 6. Girls Cricket Team Won 2nd match and qualified For Semi-finals
- 7. Boys won 1 set in Vollyball against MGM Mumbai
- 8. Prerna Tank Won 1st match in badminton and qualified for Quarter finals
- 9. Chaitali Won 1st Set in Badminton against Modern college
- 10. Neha Won the First Match In Badminton Singles



